

SOMERDALE PARK SCHOOL

Mary E. Dow, RN BSN CSN
School Nurse

Health Office
301 Grace Street

Telephone: 856-783-6261 X115
Fax: 856-783-2607

Somerdale, New Jersey 08083

Health Office Policies/Guidelines

Medication Policy:

- 1) When any **PRESCRIPTION MEDICATION** needs to be given during school hours, your child's physician must send a prescription to the school nurse indicating the date, student's name, name of medication, dosage of medication, length of time for prescription to be administered, purpose of medication, the time or special circumstances under which the medication shall be administered, and any possible side effects. **ABSOLUTELY NO PRESCRIPTION MEDICATION WILL BE ADMINISTERED WITHOUT A PHYSICIAN'S PRESCRIPTION THAT INCLUDES THE ABOVE CRITERIA; THE PRESCRIPTION MUST EITHER BE ON A BLUE LEGAL PRESCRIPTION FORM OR A PRESCRIPTION FORM AVAILABLE FROM THE SCHOOL NURSE OR FROM THE SCHOOL'S WEBSITE-** All faxed prescriptions must be followed up by a legal hard copy or a completed school form from the physician within 1 week .

****PLEASE NOTE: This procedure must be redone at the start of each school year!***

- 2) Any **OVER THE COUNTER MEDICATION** that needs to be given during school hours must be **agreed upon by the school nurse in consultation with the parent(s)**. Acceptable over the counters are cough drops, cough syrups, Acetaminophen (Tylenol) & Ibuprofen (Advil) products. The health office has acetaminophen tablets, chewables, & liquid on hand for emergency use. Any long-term use will require parent to supply the Acetaminophen (Tylenol) & Ibuprofen (Advil) products. Any use of allergy products, even if over the counter, must be accompanied by a note (not a prescription) from student's doctor indicating the need and/or diagnosis of allergies. ***** Natural & Homeopathic remedies will not be administered by the School nurse & should be kept at home- (They are not FDA approved & the active ingredients in these products often are not listed; Therefore it is potentially dangerous and unethical for the school nurse to administer them.***
- 3) **ALL MEDICATIONS MUST BE KEPT IN THE HEALTH OFFICE (INCLUDING COUGH DROPS)**. ***The only exceptions are inhalers or epi-pens:*** Our middle school students with well managed/controlled asthma may carry their own inhaler for self-administration when in addition to the prescription, a note is supplied by their physician indicating that the student is capable and responsible enough to self administer unsupervised.
Epi-pens may also be carried by our middle school students when a prescription and note from their physician indicates that it is necessary and that the student has been adequately trained to self-administer in an emergency situation.
- 4) **Written consent from the parent(s)/guardian** must also be given for the school nurse or the district medical inspector to give medication to the student during school hours. Please obtain the appropriate form from the school nurse.
- 5) The **PARENT (OR ANOTHER DESIGNATED ADULT), NOT THE STUDENT, must bring the medication to school. It must be counted with the nurse and signed in by the parent (designated Adult). No exceptions will be made to this rule; medications brought in by a student will be kept in the Health office for the parent to pick up, but will not be administered to the student unless the above policy is followed.**
- 6) All Medication must be in its original, labeled bottle.

Communicable Disease Guidelines:

In order to prevent the spread of communicable diseases (including common colds/viral illnesses) and to ensure rapid recovery with minimal after-effects to your child & other children/staff that he/she comes in contact with, parents should keep their children home from school when they show evidence of any of the symptoms listed below. In addition any child that presents with these symptoms while @ school will be sent home @ the school nurse’s discretion.

Chills	Temperature >100	Wet or Croupy Cough	Skin Eruption/Rashes
Earache	Persistent Headache	Significant Pain	Sore Throat
Enlarged glands	Pediculosis/Head Lice*	Tearing/Discharging Eyes	Vomiting

*Any student positive for Pediculosis (Head lice) must be cleared by School Nurse to return to school.

****Any student sent home for fever must not return to school until fever is <100 for 24 hrs. without use of acetaminophen or ibuprofen products.**

Physical Examination Requirements:

- Pursuant to codes set forth in N.J.S.A. 18A:40 & N.J.A.C.6A:16-2.2 - Somerdale Public School District adheres to the following **Policy Regarding Required Student Medical Examinations (School/Athletic Physicals)** : “Each student’s medical examination must be Conducted by a “Healthcare Provider (Physician or Advanced Practice Nurse) chosen by the student’s parent/guardian at the student’s “Medical Home”(Healthcare Provider’s Facility) and a full report MUST be sent to the school” If the student does not have a medical home, the district shall provide this examination either at the school physician’s office or in the appropriately equipped examination room within the school’s health office.

Physical Examinations shall be required for the following Student groups. **The date on the physical form must indicate that the physical was provided by the student’s Medical provider within the last 365 days.**

REQUIRED PHYSICAL EXAMINATIONS:

- 1) Every student transferring into the school district from another school district regardless of whether they are transferring from in state or out of state.
- 2) Every Student entering Pre-Kindergarten or Kindergarten whichever occurs first.
- 3) Students who try out for a School Athletic Team or Squad in grades 6-8.
- 4) Students who undergo Comprehensive Child Study Team Evaluations may at the discretion the Child Study Team be required to have a Physical Examination.

-Further pursuant to the guidelines of N.J.A.C. 6A:16 2.2 The School Districts Health personnel shall notify parents of the importance of obtaining Subsequent Medical Examinations of the student at least one time during each developmental stage; Somerdale Board of Education in conjunction with the School Nurse Recommends that students receive these subsequent Medical Examinations in 4th & 8th grades. The school nurse will make the appropriate forms available as needed.

Health Office Screenings: (Per NJAC 6A:15-2.2)

- **HEIGHT/WEIGHT/BP** screenings are performed annually when possible on all students
- **SCOLIOSIS** Screenings are performed biennially for students in 4th , 6th & 8th grades (between the ages of 10-18)
- **VISION** Screenings are performed minimally on students in Prek, Kindergarten, 2nd , 4th , 6th & 8th grades.
- **HEARING** Screenings are performed minimally on students in Prek, Kindergarten 1st , 3rd , 5th , 7th , grades